

Holiday Grief Booklist:

Curated by ACTION Child Trauma Program at the University of New Mexico

Book	Link	Description
The Memory Tree: A Holiday Grief Book (Memory Box, 3)	https://a.co/d/28uFJKr	Children's book focused on grief, helping families navigate and celebrate their first holiday season after the loss of a loved one.
Everywhere, Still: A Book about Loss, Grief, and the Way Love Continues	https://a.co/d/brjTsha	Similar message to The Invisible String - it's a reminder that there is always a way to stay close with the people who are biggest in our hearts, no matter how far across space and time they may be.
The Memory Tree	https://a.co/d/eq4tzYX	Fox has lived a long and happy life in the forest, but now he is tired. He lies down in his favorite clearing and falls asleep. Before long, Fox's friends begin to gather in the clearing. One by one, they tell stories of the special moments that they shared with Fox. And so, as they share their memories, a tree begins to grow.
I Have a Question about Death: Clear Answers for All Kids, including Children with Autism Spectrum Disorder	https://a.co/d/hqrtQOB	Series - Ages 5 - 11 straightforward text and images to walk children through what it means when someone dies, as well as ways they might want to react or to think about the person.
Season's Griefings: A Holiday Grief Workbook	https://a.co/d/2ecQQEH	Possible workbook for teens/TAY.

<p>The Cardinal's Gift: A True Story of Finding Hope in Grief</p>	<p>https://a.co/d/6viC1AY</p>	<p>Parent death, normalizing feelings - Rachel's daddy died, and she is having a hard time adjusting. When tragedy affects Rachel's family, she struggles to get out of bed and pay attention at school. But things begin to change when a special bird appears.</p>
<p>Kai's First Christmas Without You: A Holiday Book to Support Kids Through Grief, Healing, Loss and Love</p>	<p>https://a.co/d/6lQCpLn</p>	<p>Kai the dinosaur is facing his very first Christmas without someone special in his life. The decorations sparkle, the tree is glowing, and the songs fill the air, but something feels missing. Kai doesn't know how to celebrate when the person he loves isn't there. Ages 4 - 8</p>
<p>Leo Learns About All Saints' Day: A Gentle Children's Story About Love, Light, and Remembering Those We Hold Dear</p>	<p>https://a.co/d/b2mcVQN</p>	<p>All Saints Day (Holiday about celebrating those passed)</p>
<p>Jada's First Christmas Without You: A Gentle Christmas Story Helping Children Cope With Grief, Death and Loss</p>	<p>https://a.co/d/aXflWGm</p>	<p>Same story as Kai (above) but with a child instead of a dinosaur</p>