



# 1,392

individuals trained  
from

# 119

organizations

The Center for Adjustment, Resilience and Recovery (CARRE) at the International Rescue Committee (IRC) works to prevent the long-term consequences of traumatic stress in children and families who have experienced war, crisis, and forced displacement. As a proud National Child Traumatic Stress Network (NCTSN) Category II Center, we do so by:

- 1 Fostering the uptake of Evidence-Based Treatments (EBT) and service interventions;
- 2 Ensuring treatments and interventions are culturally responsive; and
- 3 Promoting knowledge exchange between intervention, population, and systems experts.



# 740

recipients of CARRE's quarterly  
newsletter

How did CARRE technical assistance and programming support agencies working with forcibly displaced families and children in FY25?



In addition to conducting **32** trainings, CARRE provided consultations to **34** different resettlement agencies, community-based organizations, and NCTSN members.



CARRE translated and validated **195** resources into **4** languages for its adaptation of evidence-based program, Structured Psychotherapy for Adolescents Responding to Stress (SPARCS), to ensure they were culturally appropriate and accessible.



CARRE grounded its programming in stakeholder input, drawing on **50** needs assessment survey responses, **10** key informant interviews, and guidance from its **11**-member Advisory Board.

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*What I really enjoy about CARRE is not many others understand the importance of these resources accessible in a native language. [...] You guys get it. And it's so helpful to do my job when I have those resources available. -*

CARRE partner



### CARRE FY25 training topic categories included:



Mental health symptoms, impacts, and interventions

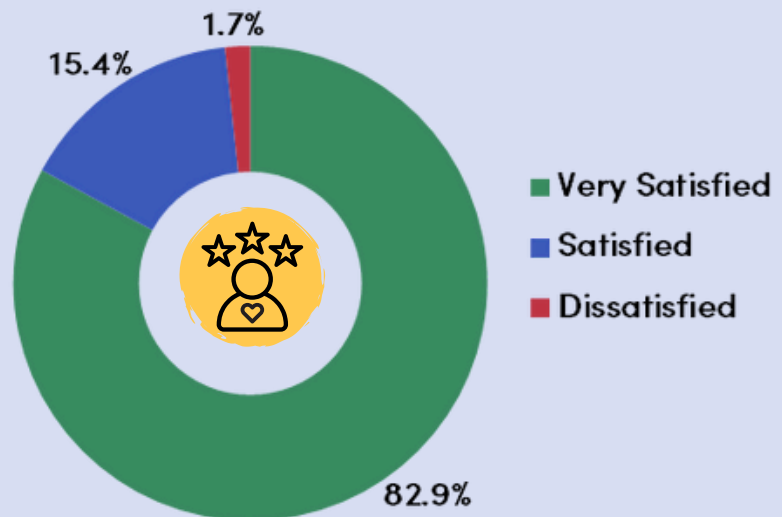


Understanding the unique needs of children and families who have experienced forced displacement

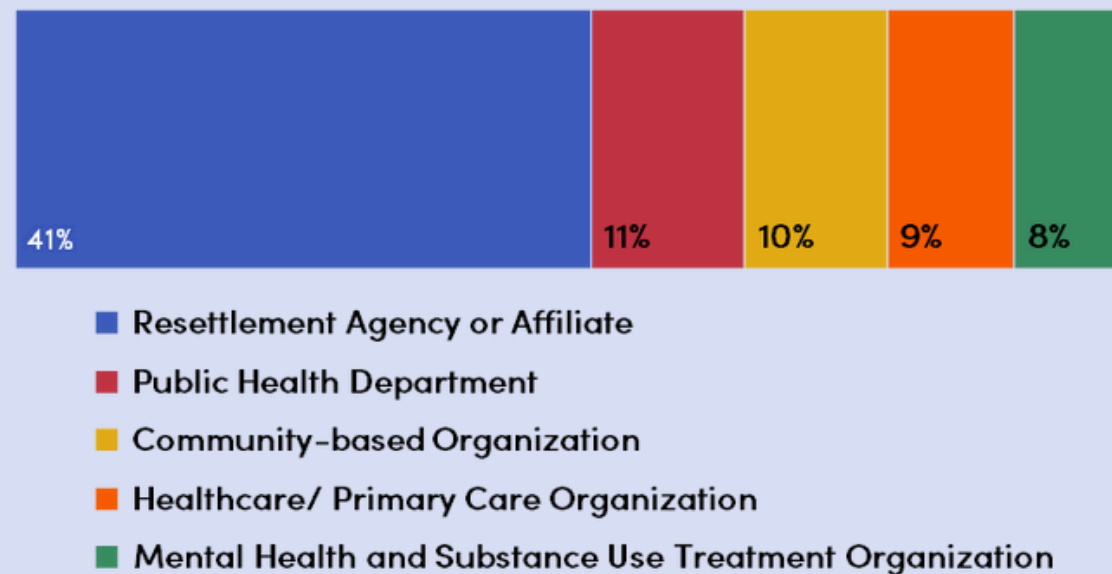


Trauma-informed care tools and screeners

### Satisfaction With Trainings (n=128)



### Training Reach by Organization Type: Top 5 (n=265)

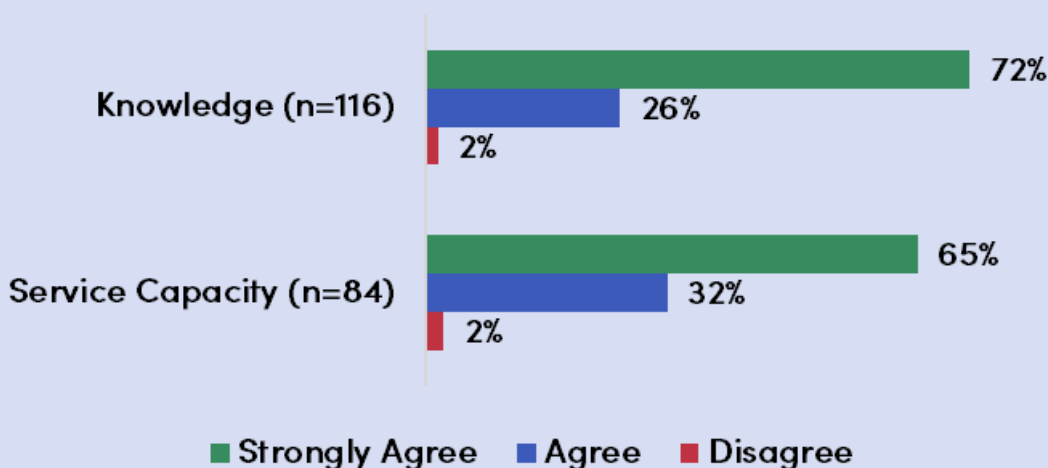


**14%**

of training feedback survey respondents (n=152) stated that they have personal experience with forced displacement.



### Participant Agreement That Training Increased Knowledge and Service Capacity



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*[CARRE] created a really safe, inviting space to discuss these more sensitive topics. I felt really engaged and like I learned ways to more thoughtfully apply trauma-response and healing skills in my daily interactions. - Training participant*



**CARRE developed 3 resources to support providers in FY25:**

- 1** [Talking with Clients Expressing Fear and Distress Related to Potential Immigration Enforcement Actions](#)
- 2** [Helping Families Navigate Uncertainty: Resources for Planned or Unexpected Departures from the United States](#)
- 3** [Best Practices for Client Care during Service Disruption and Uncertainty](#)

### **CARRE's Three-Part Uncertainty Training Series**

This past fiscal year, one of CARRE's greatest successes was our ability to quickly pivot our work to respond to emerging needs, traumas, and stressors faced by the communities we serve.

This was particularly relevant in early 2025 during great changes to programmatic funding and social service availability for children and families who have experienced forced displacement. The CARRE team quickly developed a three-part training series open to all providers that focused on managing uncertainty when faced with changing availability of critical social services.



This three-part series concluded with a final training with panel representatives from various communities across the nation, representing lived experience of forced displacement trauma and trauma-informed care provision. Feedback from this training series was overwhelmingly positive with 315 individuals attending at least one of the three trainings and 98% of 55 feedback survey respondents stating they were satisfied with the training. Participants called the trainings “*Supportive, timely, and impactful.*”

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*Thank you for creating this space especially [...] for those of us who do not have this sort of supportive and empathetic environment at work and feel isolated.* -Uncertainty Series Training Participant