

Safety & Wellness Benchmarks

For Forcibly Displaced Populations in the US

Category	Not enough information	Significant Needs (1)	1.5	Moderate Needs (2)	2.5	Some Need (3)	3.5	Minimal Needs (4)
Communication	Not enough information	No access to communication methods (phone, tablet, messaging device, etc.)		Has access to shared communication methods that are frequently unreliable/unavailable		Has personal/private communication methods with inconsistent and/or unstable service (minutes, internet, data, etc.)		Has personal/private communication methods with consistent and stable service (minutes, internet, data, etc.)
Community Safety	Not enough information	Feels unsafe/in danger of being harmed in the community most of the time; active ostracization; no knowledge of available community safety resources; no knowledge of how to maintain safety in the community		Feels unsafe/in danger of being harmed in the community some of the time; knows about community safety resources but is unable or unwilling to access them; knows how to maintain safety in the community but is unable or unwilling to do so		Feels safe in the community most of the time; knows about community safety resources and is able and willing to access them; knows how to maintain safety in the community and does so most of the time		Feels safe in community; knows about community safety resources and feels confident in accessing them; feels confident about navigating and maintaining safety in the community

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English Language Skills	Not enough information	Does not know any English/ASL; does not know how to request interpretation; no access to bi/multilingual supports that can help access systems and services		Can communicate a few critical words/phrases in English/ASL; can request interpretation but with varying success; has access to bi/multilingual supports that can help access systems and services		Can communicate conversationally in English/ASL; limited or no reading and writing of English; can reliably request and access interpretation		Reads, writes and communicates English/ASL sufficiently to navigate most day-to-day situations
Employment	Not enough information	Unemployed and wants employment; no employment authorization; abusive or exploitative employment; unable to work due to barriers		Current employment hours or wages not adequate to meet needs; no or inadequate benefits; working without employment authorization; difficulty maintaining employment due to barriers		Employment has hours or wages to meet needs; inadequate benefits; understands workplace rights; limited opportunities for advancement; barriers to employment occasionally impact work hours/performance		Employed with adequate pay and benefits; advancement potential; reliable and affordable childcare (if applicable); aware of workplace rights and entitlements
	Not currently seeking employment							
Food Security	Not enough information	No food or means to purchase, access, or prepare it		Has food and means to prepare it but it may not be enough to consistently meet caloric needs		Has enough food to reliably meet caloric needs; limited access to healthy, fresh, culturally congruent food		Has enough food to reliably meet nutritional and caloric needs; able to reliably access healthy, fresh, culturally congruent food

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Housing	Not enough information	Currently houseless or facing court mandated eviction/ foreclosure notice; utilities turned off with no means to turn back on; home is dangerous, unsafe and/or unsanitary		At risk of losing housing; residing in temporary housing (shelter, motel, etc.); utilities are regularly turned off; home has areas that are unsafe and/or unsanitary or is overcrowded		Has stable housing for the immediate future; can pay for utilities; home is generally safe and somewhat maintained		Secure housing with ability to consistently pay rent or mortgage and utilities while also able to meet other basic needs; home is safe and maintained
Legal Representation/ Information	Not enough information	No access to needed legal consultation, information, or legal representation		Has some access to needed legal consultation, information or legal representation but it is insufficient		Has sufficient access to needed legal, consultation, information and/or legal representation		Is not in need of legal services for any reason
Immigration Status	Not enough information	Is in removal/ deportation proceedings		Is without status or is applying for protection/status		Has temporary or limited status (TPS, CAT, DACA, etc.)		Has citizenship or an immigration status with a pathway to citizenship (LPR/green card, refugee, asylee, T-Visa, U-Visa, SIJS, etc.)

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Mental Health	Not enough information	Youth & Adults Mental health or substance use issues are interfering with ability to manage day to day functioning, personal safety or safety of others around them; danger to self or others		Youth & Adults Mental health or substance use issues make it more difficult to function but still able to meet activities of daily living with support; currently in SUDs treatment or recently sober		Youth & Adults Able to effectively manage mental health symptoms and stressors so that there is little impact on daily life AND no or rare misuse of substances but does not result in negative consequences		Youth & Adults Able to effectively manage mental health symptoms and stressors so that there is little to no impact on daily life AND actively taking steps to promote mental health and wellness AND no substance misuse
	Not enough information/ No minors in the home	Minor Non-medical/genetic regression in behavior and/or in reaching developmental milestones; unable to recover from emotional upset appropriate to age and development		Minor Non-medical/genetic delays in reaching developmental milestones but no regression; difficulty recovering from emotional upset appropriate to age and development		Minor Reaching most developmental milestones; can identify strategies to manage emotional upset appropriate to age and development		Minor Reaching developmental milestones; successfully utilizing strategies to manage emotional upset appropriate to age and development
Healthcare	Not enough information	Unable to access any needed healthcare supports or services		Able to access some healthcare supports or services but it is insufficient		Able to access needed healthcare supports or services but unable to do so independently		Able to access needed healthcare supports or services and can do so independently;

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Relationship Safety	Not enough information	Youth & Adults Household and/or relationship is unsafe AND client does not have current connection to safety resources and/or a safety plan in place; there are significant barriers to client seeking safety		Youth & Adults Household and/or relationship is unsafe AND client has current connection to safety resources and/or a safety plan; there are no significant known barriers to seeking safety		Youth & Adults Household and/or relationship is safe; there are some unhealthy patterns of conflict management, communication and/or behaviors		Youth & Adults Household and/or relationship is safe; communication patterns and behaviors are healthy and supportive
	Not enough information/ No minors in the home	Minor Current known child abuse, neglect, exploitation or abandonment; minor is exposed to violence; caregiver(s) is unable to support child emotionally		Minor Suspected child abuse, neglect, exploitation or abandonment; caregiver(s) unable to consistently use caregiving skills		Minor No known or suspected violence or abuse in the home; caregiver(s) occasionally struggle to use caregiving skills; caregiver(s) express difficulty with minor		Minor No known or suspected violence or abuse in the home; caregiver(s) consistently provides healthy/nurturing caregiving
Rights and Resources	Not enough information	Rights are being actively violated including being denied access to personal resources/ documents		Rights are being actively violated including being denied access to personal resources/ documents AND client is connected to remedies		No known rights violations AND client has limited understanding of their rights		No known rights violations AND client knows their rights, how to claim, secure and exercise them

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Support System	Not enough information	Individuals and/or community networks/ systems actively causing harm or distress		Unable to identify anyone who can provide them practical or emotional support		Can identify individuals and community networks/ systems who can provide them practical or emotional support but they are unreliable or unavailable		Can identify individuals and community networks/ systems who can provide them consistent and reliable practical or emotional support
Transportation		No access to transportation; does not know how to navigate transportation options		Sometimes has transportation needs met; transportation may be available but client faces significant barriers		Has transportation needs met most of the time; transportation is available but occasional barriers exist		Has consistent and reliable transportation that meets most travel needs

After completing the ratings above, reflect on the client's sense of self-efficacy and ability to advocate for themselves across all of the categories and complete the rating below.

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Self-Efficacy & Advocacy	Not enough information	Unable to try to overcome challenges; needs support and assistance in advocating for needs to be met in most areas of life; no knowledge of personal rights		Tries to overcome challenges but inconsistently or ineffectively; needs assistance advocating for many needs to be met; resources; limited knowledge of personal rights		Consistently tries to overcome challenges; occasionally needs assistance advocating for needs to be met; knowledge of personal rights		Able to overcome most challenges; able to independently advocate for needs to be met; knowledge of personal rights